



River
SPA
AT THE SNAKE RIVER LODGE

COMPLETE RESTORATION OF THE BODY & MIND



massage
THERAPY

DEEP TISSUE

Relieve muscle tension and fatigue with this medium-to-deep pressure massage. The therapist will focus on specific areas of tension with more direct pressure.

50 MIN \$145 | 80 MIN \$215 | 110 MIN \$295

SWEDISH

This classic full body massage uses light-to-medium pressure with long gliding strokes to relax the body and soothe sore muscles. This is the perfect massage for first time spa-goers or those who do not receive spa treatments often.

50 MIN \$135 | 80 MIN \$205 | 110 MIN \$285

RIVERSTONE

Warm smooth stones are used in combination with your therapist's hands to ease tension and sore muscles. The soothing heat of the stones will relax and revitalize you.

80 MIN \$225 | 110 MIN \$305

MOTHER-TO-BE

A light-to-medium pressure massage to nurture the mother-to-be. Supportive cushions are used to allow the expectant mother to fully relax and experience the many benefits of massage.

50 MIN \$135 | 80 MIN \$205

specialty

MASSAGE



RIVER SPA SIGNATURE MASSAGE

A relaxing massage that will leave your mind and body balanced. The experience of organic aromas and the soothing effects of four distinctive gemstone oils will purify, soothe and naturally oxygenate tissues. Warm gemstones and traditional massage techniques are used to soothe tired muscles and body aches. This treatment is completed with a relaxing scalp massage, leaving you revitalized from head to toe.

80 MIN \$225 | 110 MIN \$305

PEPPERMINT FOOT REFLEXOLOGY

You will drift into complete relaxation with this soothing foot massage. This ancient healing technique focuses on pressure points in the foot to increase circulation and blood flow. Hot towels and a warm peppermint foot mask will leave you feeling relaxed and restored. *The perfect way to rejuvenate the feet after a day in ski boots.*

50 MIN \$145

APRES-SKI

This full body massage focuses on the tired back and legs. Arnica is used with a combination of stretching techniques and soothing massage movements to improve function and restore overworked muscles. You will be left refreshed, rejuvenated and ready to get back on the slopes.

50 MIN \$145 | 80 MIN \$215 | 110 MIN \$295

COUPLES MASSAGE

All massages can be experienced side-by-side.



body

TREATMENTS

ORGANIC MOUNTAIN BODY RITUAL

This luxurious journey begins with a full body exfoliation that combines the benefits of fine mineral salt and the richness of raw organic shea butter. Next you will be cocooned in a warm layer of nutrient rich honey avocado butter. A relaxing full body massage and soothing scalp massage completes your experience releasing any remaining tension. Skin is left deeply nourished with a healthy glow!

80 MIN \$245 | 110 MIN \$315

LET YOUR SKIN BREATHE BODY SCRUB

Exfoliate the entire body to restore smoothness and a healthy glow. A luxurious rich hydrator complements the exfoliation and leaves the skin feeling soft and supple.

50 MIN \$145

THERMAL MUD BODY WRAP

A thermal marine mud wrap relieves tight muscles, joints and tendons after a day in the outdoors. A gentle full body dry brushing prepares the skin to be wrapped in a nutrient rich self-heating mud. The entire body is warmed and muscles are soothed as toxins are released from the body. After a refreshing shower, a rich body cream is massaged into the skin leaving you relaxed and refreshed from the inside out.

50 MIN \$165 | 80 MIN \$235



face
TREATMENTS

ANTI-AGING

Signs of aging will dissipate with this luxurious facial treatment. Our stunning anti-aging facial supports repair and regeneration of tissues, as it restores and transforms your skin. After a thorough cleanse and double exfoliation, your skin is brought into balance with a gentle quartz crystal facial treatment. Nutrient-rich finishing products leave your skin rejuvenated and fine lines are visibly reduced. You will be left looking relaxed, refreshed and years younger! *A great way to look your best before an important event.*

80 MIN \$245

DEEP CLEANSING

Environmental impurities and high stress levels can lead to dull, sluggish skin. This facial uses a blend of purifying algae and plant extracts to encapsulate and neutralize pollutants that have accumulated on the skin. An oxygenating mask boosts cell functions and detoxifies, leaving formerly exhausted skin bright, pure and energized.

50 MIN \$155 | 80 MIN \$225

GEMSTONE HYDRATION

Replenish, soothe, and restore dehydrated skin with this unique gemstone facial treatment. A series of three balancing facial masks are applied to purify, exfoliate and deeply hydrate the skin. Warm polished crystals are used with gemstone infused oils to relax facial muscles and create an overall feeling of serenity. Your facial is complete with an application of skin-regenerating products that will leave you with an undeniable look of rejuvenation and a stunning glow of radiance.

80 MIN \$235

SOOTHING

This acclimating facial is the perfect remedy after a day outdoors. Skin is gently calmed and soothed with organic plant-based products and energizing rose quartz crystals. While the hands and feet are treated to a warm gemstone massage, a wild crafted mask made of coconut, cucumber, aloe and algae leaves the skin calm, hydrated, and balanced.

50 MIN \$165 | 80 MIN \$235



face
TREATMENTS

CUSTOMIZED FACIAL

Relax and receive customized treatment steps designed specifically for your skin's needs.

50 MIN \$135 | 80 MIN \$205

GENTLEMAN'S FACIAL

This treatment incorporates active nutrients to address the specific needs of a man's skin. After a deep cleansing process refines the skin's texture, a serum and creamy mask are selected to address excess oil, surface dryness, sensitivities like razor burn, or to fight the signs of aging. The result of this relaxing, customized facial is a healthy, balanced and pure complexion.

50 MIN \$145 | 80 MIN \$215

HYDRATING LIP TREATMENT

A marine exfoliant gently polishes dead skin cells from the lips. A creamy, nourishing mask is then applied on and around the lip area, leaving them soft, hydrated and plumped.

ADDED TO ANY FACIAL \$30

BRIGHTENING EYE TREATMENT

A triple-zone eye massage relaxes you while draining puffiness and smoothing wrinkles. A cooling eye mask is then applied to the eye area to lift, smooth and firm the skin. Reveal brightened eyes that appear rested, hydrated and years younger!

15 MIN ADDED TO ANY FACIAL \$55



enhancements
& ADD-ONS

PEPPERMINT FOOT REFLEXOLOGY

Revitalize tired feet with this soothing foot massage. The perfect addition to any treatment.

30 MIN ADDED TO ANY TREATMENT \$70

COLLAGEN

A Collagen treatment for either the eye or lip area to deeply hydrate the skin. It smooths fine lines and wrinkles and leaves the skin with a youthful glow.

\$25 EACH AREA

CBD RECOVERY OIL

The healing properties of pure, organic, Colorado grown, hemp-derived CBD isolate, is exclusively blended with therapeutic anti-inflammatory oils and essential oils. The perfect addition to any massage to help alleviate inflammation and sore muscles.

\$50

WAXING

Contact spa reception for pricing and availability.

RELIEF & RECOVERY BALM

This soothing balm penetrates deep to reduce inflammation, ease sore muscles and support the body's optimal healing process.

\$20 EACH AREA

ECO-FIN

A warm nourishing treatment for the hands or feet. Eco-fin is a natural, petroleum-free alternative to paraffin.

\$30 EACH AREA

HAIR & SCALP HYDRATION

De-stress the mind with this relaxing scalp massage. A rich hydrating hair mask is applied leaving the hair and scalp deeply nourished.

15 MIN ADDED TO ANY TREATMENT \$45

AROMATHERAPY

Add the many health benefits of aromatherapy to any treatment.

\$10

ADMISSION

Hotel Guests, 16 years of age and older, may enjoy complimentary daily use of the spa facilities during their stay. For non-guest visitors, purchase of a spa treatment is required to have access to the ladies and men's lounge/locker room facilities. Locker room facilities each include a steam, sauna, whirlpool and deluge shower. Pool and fitness facilities, located on the 1st and 5th floor, are for hotel guests only.

DRESS

Spa guests are provided with daily use of a private locker, robe, slippers and towels.

THERAPIST REQUESTS

Please let us know if you have a request for a male or female therapist.

ARRIVAL TIME

Please arrive 30 minutes prior to your scheduled appointment time. Please note that if you arrive late your treatment will end as scheduled so that the next guest's appointment will not be delayed.

RESERVATIONS

Reservations can be made by calling the spa reception desk at 307-732-6070 or by pressing extension 6070 from your room. For group reservations, please ask for our spa director. Spa prices and services are subject to change.

CONSIDERATION FOR PREGNANCY

Please let us know if you are expecting so necessary adjustments can be made. We suggest avoiding treatments using heat and/or deep pressure, as well as the sauna, steam room, heated pool or whirlpool.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, if you need to cancel or reschedule an appointment please give 24 hours' notice to avoid a 50% charge. "No Shows" will be charged the full treatment price.

HOURS OF SERVICE

Open daily, please contact the spa reception, hotel front desk or concierge for seasonal hours.



River
SPA

SPA RESERVATIONS 307-732-6070
RIVERSPA@SNAKERIVERLODGE.COM
RIVERSPAJH.COM