



River
SPA

AT THE SNAKE RIVER LODGE

COMPLETE RESTORATION OF THE BODY & MIND



massage
THERAPY

DEEP TISSUE

Relieve muscle tension and fatigue with this medium-to-deep pressure massage. The therapist will focus on specific areas of tension with more direct pressure.

50 MIN \$145 | 80 MIN \$215 | 110 MIN \$295

SWEDISH

This classic full body massage uses light-to-medium pressure with long gliding strokes to relax the body and soothe sore muscles. This is the perfect massage for first time spa-goers or those who do not receive spa treatments often.

50 MIN \$135 | 80 MIN \$205 | 110 MIN \$285

RIVERSTONE

Warm smooth stones are used in combination with your therapist's hands to ease tension and sore muscles. The soothing heat of the stones will relax and revitalize you.

80 MIN \$225 | 110 MIN \$305

MOTHER-TO-BE

A light-to-medium pressure massage to nurture the mother-to-be. Supportive cushions are used to allow the expectant mother to fully relax and experience the many benefits of massage.

50 MIN \$135 | 80 MIN \$205

specialty

MASSAGE



RIVER SPA SIGNATURE MASSAGE

This organic light-to-medium pressure massage will leave the body renewed and refreshed. Your treatment will start with a journey of aroma to address your individual needs, rejuvenate, reharmonise or detoxify. A combination of pressure points and spiraling movements ground and uplift, working to relieve muscular aches and pains. The treatment is completed with a deeply relaxing scalp massage that balances both mind and body.

50 MIN \$145 | 80 MIN \$215

PEPPERMINT FOOT REFLEXOLOGY

You will drift into complete relaxation with this soothing foot massage. This ancient healing technique focuses on pressure points in the foot to increase circulation and blood flow. Hot towels and a warm peppermint foot mask will leave you feeling relaxed and restored. *The perfect way to rejuvenate the feet after a day in ski boots.*

50 MIN \$145

APRES-SKI

This full body massage focuses on the tired back and legs. A local arnica is used with a combination of stretching techniques and soothing massage movements to improve function and restore overworked muscles. Warm thermal mud is placed on the legs or back to reduce inflammation and ease sore muscles. You will be left refreshed, rejuvenated and ready to get back on the slopes.

50 MIN \$145 | 80 MIN \$215 | 110 MIN \$295

COUPLES MASSAGE

All massages can be experienced side-by-side.



body

TREATMENTS

RESTORATIVE BODY SCRUB AND WRAP

This revitalizing body treatment restores nutrients to the skin while essential oils awaken the senses. A gentle full body exfoliation prepares the skin for a mineral-rich body wrap. The entire body is cocooned in essential oils and vital nutrients to restore and nourish the skin. A luxurious body milk is then massaged into the skin leaving you relaxed, hydrated and healthy.

80 MIN \$225

LET YOUR SKIN BREATHE BODY SCRUB

Exfoliate the entire body to restore smoothness and a healthy glow. A luxurious rich hydrator complements the exfoliation and leaves the skin feeling soft and supple.

50 MIN \$145

THERMAL MUD BODY WRAP

A thermal marine mud wrap relieves tight muscles, joints and tendons after a day in the outdoors. A gentle full body dry brushing prepares the skin to be wrapped in a nutrient rich self-heating mud. The entire body is warmed and muscles are soothed as toxins are released from the body. After a refreshing shower, a rich body cream is massaged into the skin leaving you relaxed and refreshed from the inside out.

50 MIN \$165 | 80 MIN \$235

ORGANIC MOUNTAIN BODY RITUAL

This luxurious journey will start with a full body exfoliation to cleanse and invigorate the skin. Next you will be cocooned in a warm layer of mineral rich body mud. An uplifting rhythmic full body massage and soothing scalp massage completes your experience releasing any remaining tension. The skin is left deeply nourished and renewed with a healthy glow!

90 MIN \$265 | 120 MIN \$325



face
TREATMENTS

EXTENDED YOUTH

Signs of aging will dissipate with this luxurious facial treatment. After a thorough cleanse and double exfoliation, massage tools are used to relax muscle contractions, soften lines and tighten the skin. A lip plumping treatment and self-heating spinal detox are included in this premier experience. Skin of any age is rejuvenated, fine lines are visibly reduced and you will be left looking relaxed, refreshed and years younger! *A great way to look your best before an important event.*

80 MIN \$245

MOUNTAIN SOOTHER

This acclimating facial is the perfect remedy after a day in the outdoors. After a thorough cleanse and exfoliation the skin is treated to a warm detoxifying mask. Toxins are encapsulated and removed with ease. A pre-biotic mask will then be applied to restore the skin, reducing redness and sensitivity. Skin is left softened and strengthened for a complexion that is balanced and serene.

50 MIN \$165 | 80 MIN \$235

ELEVATION OXYGENATING

Environmental impurities and high stress levels can lead to dull, sluggish skin. This facial uses a blend of purifying algae and plant extracts to encapsulate and neutralize pollutants that have accumulated on the skin. An oxygenating mask boosts cell functions and detoxifies, leaving formerly exhausted skin bright, pure and energized.

50 MIN \$155 | 80 MIN \$225

DEEP HYDRATION

In a dry climate, skin can be left parched and dehydrated. During this treatment, a unique massage technique is used to deliver a moisturizing gel into the skin, restoring hydration deep within. Skin is re-educated to hold onto the delicate water balance resulting in a glowing, plump and healthy complexion.

50 MIN \$145 | 80 MIN \$215



face
TREATMENTS



CUSTOMIZED FACIAL

Relax and receive customized treatment steps designed specifically for your skin's needs.

50 MIN \$135 | 80 MIN \$205

GENTLEMAN'S FACIAL

This treatment incorporates active nutrients to address the specific needs of a man's skin. After a deep cleansing process refines the skin's texture, a serum and creamy mask are selected to address excess oil, surface dryness, sensitivities like razor burn, or to fight the signs of aging. The result of this relaxing, customized facial is a healthy, balanced and pure complexion.

50 MIN \$145 | 80 MIN \$215

HYDRATING LIP TREATMENT

A marine exfoliant gently polishes dead skin cells from the lips. A creamy, nourishing mask is then applied on and around the lip area, leaving them soft, hydrated and plumped.

ADDED TO ANY FACIAL \$30

FACIAL HOT STONE

Fall into complete relaxation with this luxurious facial enhancement. Warm, smooth stones are used to gently massage the face, neck and décolleté area. Tension and fatigue will melt away and your skin will be ready to soak in the nutrients of your chosen facial.

25 MIN ADDED TO ANY FACIAL \$65

BRIGHTENING EYE TREATMENT

A triple-zone eye massage relaxes you while draining puffiness and smoothing wrinkles. A cooling eye mask is then applied to the eye area to lift, smooth and firm the skin. Reveal brightened eyes that appear rested, hydrated and years younger!

15 MIN ADDED TO ANY FACIAL \$55



enhancements
& ADD-ONS

PEPPERMINT FOOT REFLEXOLOGY

Revitalize tired feet with this soothing foot massage. The perfect addition to any treatment.

30 MIN ADDED TO ANY TREATMENT \$70

COLLAGEN

A Collagen treatment for either the eye or lip area to deeply hydrate the skin. It smooths fine lines and wrinkles and leaves the skin with a youthful glow.

\$25 EACH AREA

ECO-FIN

A warm nourishing treatment for the hands or feet. Eco-fin is a natural, petroleum-free alternative to paraffin.

\$30 EACH AREA

DRY BODY BRUSHING

Exfoliate the skin and encourage cell renewal with a full body dry brush. Skin is left smoother and brighter.

\$15

THERMAL MUD TREATMENT

A relaxing thermal mud is applied to local areas of the body in need of soothing and detoxification. The tissue's mobility is restored, releasing muscle tension. Can be applied to spine, feet, hands, elbows or knees.

\$45 EACH AREA

HAIR & SCALP HYDRATION

De-stress the mind with this relaxing scalp massage. A rich hydrating hair mask is applied leaving the hair and scalp deeply nourished.

15 MIN ADDED TO ANY TREATMENT \$45

AROMATHERAPY

Add the many health benefits of aromatherapy to any treatment.

\$10

WAXING

Contact spa reception for pricing and availability.

Spa

DETAILS



ADMISSION

Hotel Guests, 16 years of age and older, may enjoy complimentary daily use of the spa facilities during their stay. For non-guest visitors, purchase of a spa treatment is required to have access to the ladies and men's lounge/locker room facilities. Locker room facilities each include a steam, sauna, whirlpool and deluge shower. Pool and fitness facilities, located on the 1st and 5th floor, are for hotel guests only.

DRESS

Spa guests are provided with daily use of a private locker, robe, slippers and towels.

THERAPIST REQUESTS

Please let us know if you have a request for a male or female therapist.

ARRIVAL TIME

Please arrive 30 minutes prior to your scheduled appointment time. Please note that if you arrive late your treatment will end as scheduled so that the next guest's appointment will not be delayed.

RESERVATIONS

Reservations can be made by calling the spa reception desk at 307-732-6070 or by pressing extension 6070 from your room. For group reservations, please ask for our spa director. Spa prices and services are subject to change.

CONSIDERATION FOR PREGNANCY

Please let us know if you are expecting so necessary adjustments can be made. We suggest avoiding treatments using heat and/or deep pressure, as well as the sauna, steam room, heated pool or whirlpool.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, if you need to cancel or reschedule an appointment please give 24 hours' notice to avoid a 50% charge. "No Shows" will be charged the full treatment price.

HOURS OF SERVICE

Open daily, please contact the spa reception, hotel front desk or concierge for seasonal hours.



Rivers
SPA

SPA RESERVATIONS 307-732-6070
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